

INCOME-RELATED HEALTH DISPARITIES

Source: 2007 Whatcom County Behavioral Risk Factor Surveillance Survey [BRFSS]

2007 BRFSS Measure	Whatcom Overall	Under \$20K	\$20K Under \$35K	\$35K-\$50K	Over \$50K
Diabetes "yes"	6%	10%	10%	4%	4%
Obese	26%	36%	27%	28%	23%
Cardiovascular Disease: Angina or coronary artery disease "yes"	3%	11%	5%	3%	2%
Hungry in past year but couldn't afford enough food	9%	30%	17%	4%	1%
Physical Activity in last 30 days "Yes"	85%	69%	76%	87%	91%
Days per week of moderate activities for at least 10 minutes a time	Mean= 4.87 days	Mean= 5.13 days	Mean= 4.94 days	Mean= 4.89 days	Mean= 4.82 days
Day per week of vigorous activities for at least 10 minutes a time	Mean= 3.21 days	Mean= 3.52 days	Mean= 2.93 days	Mean= 3.30 days	Mean= 3.27 days
Lifetime Tobacco Use n=1,131	44%	57%	51%	47%	39%
Current Tobacco Use (extrapolated from n=1,131)	18%	36%	25%	18%	11%
Health Status Fair or Poor	13%	41%	19%	10%	4%
Days of Physical Health Not Good	36%	58%	43%	25%	35%
Very <i>satisfied</i> with my life	46%	24%	28%	43%	59%
Very <i>dissatisfied</i> with my life	2%	10%	3%	1%	0%
Health coverage "yes"	86%	76%	78%	84%	95%

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