# Incarceration Prevention and Reduction Task Force: Crisis Stabilization Facility Committee

Meeting Summary for July 21, 2022

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#### 1. Call to Order

Committee Chair Perry Mowery called the meeting to order at 9:32 A.M. The meeting was held via remote-only Zoom Webinar.

Members Present: Doug Chadwick, Mike Hilley, Jack Hovenier, Perry Mowery

Members Absent: Todd Donovan, Michael McAuley, Tyler Schroeder

2. Second quarter (Q2) 2022 provider use data (01:38)

Mowery shared Quarter 2 data from the providers for the Crisis Stabilization Facility:

- Pioneer Human Services:
  - o 74% utilization of available beds, which is the same as Quarter 1
  - o 778 referrals, an average of 259 per month which is an increase from Quarter 1
    - 605 referrals were from self or family, 106 were from other professionals, 56 were from Peace Health.
- Compass Health:
  - o 53% utilization of available beds, which is up 2% from Quarter 1
  - o 340 referrals, an average of 113 per month, which is down from Quarter 1
    - 165 referrals were from self or family, 49 referrals were from other professionals, 83 were from Peace Health, 20 were from designated crisis responders, and 16 were from law enforcement
  - The admitting process has been streamlined and the feedback from deputies has been that the process has been quicker
  - Compass Health has received certification for carrying out 12-hour law enforcement holds.
- 3. Compass Health certification and project for 12-hour law enforcement holds (Note: this item was moved from Agenda Item 4) (08:30)

Mowery stated that these holds are technically involuntarily holds, but the license does not allow Compass Health to go hands on with clients. If law enforcement comes into contact with someone who has committed a low-level crime and meets the criteria for admittance to the center, they can be brought there, admitted, and told that they are required to stay for 12 hours. The Crisis Stabilization Facility is not a locked facility, and If the individual leaves within the 12-hour timeframe, Compass Health will inform law enforcement. If they stay for the 12-hour minimum, staff will work with the client for them to stay for a longer period of time. While they cannot restrain or confine clients, staff are skilled in de-escalation and motivational interviewing techniques. Compass Health is in the process of hiring staff in order to implement the holds.

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# 4. Compass Health Streamlining Admissions Project (Note: this item was moved from Agenda Item 3) (17:08)

The new process went into effect mid-May and admissions have been increasing. Chadwick stated that they were previously not utilizing the facility as much because it was not meeting their needs, but that is changing since the new process has been implemented. He added that he would make sure his deputies and officers get the message that this resource is available to them and is working better than it was previously.

Hilley, Chadwick, and Mowery discussed how the new streamlined processes effect their operations.

Compass Health went through intentional training with staff and found that the information being gathered at the point of admission was more than what was needed. They simplified that to five questions to ask at time of admittance to make the process much faster for law enforcement and other referrals. If the individual is not excluded based on those five questions, they are admitted and further evaluated after admittance.

#### 5. Committee role in developing a behavioral health urgent care facility

This item was not discussed.

### 6. Other Business (30:26)

Chadwick said that he heard there was a 32-bed facility opening up, but he wasn't sure what it was. Mowery said it may be something that is being established in Skagit County, but he wasn't certain that it would be the same facility Chadwick was referencing. Mowery and Chadwick spoke more about this, including the importance of Medicaid reimbursement and challenges associated with regional facilities including transportation.

Mowery told Chadwick about discussions to re-purpose existing buildings to hold the co-responder program offices or a 23-hour facility. They spoke about the benefits of that location and what it could be used for. Mowery spoke to the re-distribution of Health Department office space while the State Street offices and Way Station are under constructions.

#### 7. Public Comment

There were no public comments.

#### 8. Adjourn

The meeting adjourned at 10:14 A.M.